

Easy Journal

Print out several copies of this page and use it to quickly jot down journal entries. It can be used as a daily, weekly or periodic template for writing down recent happenings when you are in a hurry! This is quick and a lot of fun!

Today's Date _____

Day of the Week _____

Today's weather was ...

Today I went to ...

I spent most my day doing ...

I'm Currently Reading ...

Today I Watched ...

I'm Excited About ...

Today I wore ...

Eating/Drinking ...

Today I heard ...

Dreaming About ...

I'm Learning about ...

Today I Talked to ...

I sent/received Email from...

I was Happy about ...

I got Mad about ...

Today I Accomplished ...

Today I'm Remembering ...

I'm Planning ...

Conversations Today with my Kids ...

Today in the News ...