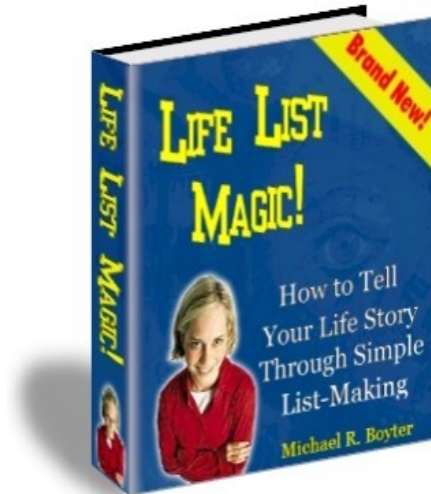


LIFE LIST MAGIC!



“Mine Your Memories” and Tell
Your Story with Over
200 Thought-Provoking
Memory-Probing Lists
to Complete!

by

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Family History Help & Product Review Newsletter

Subscribe to my newsletter and get life story preservation tips and information as well as reviews of the latest products designed to make completing your family history much easier.
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MANUSCRIPT NOTES:
First Edition, released April 2007

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If you are an educator and would like to use all or parts of *Life List Magic* in the classroom, please [contact me](#) for no-cost permission. I am a big supporter of education.

Life List Magic!

Maybe you are a great writer! Maybe you are not. Now it doesn't matter if you're not?

Besides being fun, *Life List Magic* removes the need to be a great writer, when it comes to writing an autobiography or your life story. This is because we all can make a list of things.

Of course, if you are confident in your writing, use *Life List Magic* as a springboard to a full-fledged personal autobiography. After creating the lists, use the information to expand and write out stories from your life in fuller detail.

List building does two things very well:

- It “*mines your memories*” like no other mental exercise can
- It simplifies the writing process. Jotting down **words** and **notes** is an easier substitute for **sentences** and **paragraphs**

List making is simply one of the easiest and a most enjoyable ways to remember and get stories about your life down on paper! Everyday we write “to do” lists, grocery lists and more. Why not apply this to life stories, autobiographies and journal writing?

If all you ever did, with Life List Magic, is make your lists and include short notes here and there, you will have accomplished a great deal. Your children and grandchildren will thank you for it!

Life List Magic contains 210 memory-provoking lists to create. There must be thousands more life lists that one could think of and write out. I'm working those!

I'm almost certain that there are people who will think that some list questions, contained within Life List Magic, are mere trivia. One is, of course, free to skip any question.

Take this one for example...

- “*List every vehicle that you and your parents have owned*”

Now, unless you owned a really “hot” car, who is going to care what kind of car you drove twenty years ago? The answer is that each car on that list, no doubt, is attached to memories and happenings from twenty years ago. And that is what we are looking for!

One of the vehicles on my own list is a 1977 yellow Chevy Nova that my parents bought brand new. We headed out on a trip that took us through 22 states on a summer vacation. Things were going great until the transmission went out near Flagstaff Arizona!. I remember sitting in a hot little hotel room for several days waiting for a part to arrive at the local garage. Ugh! I hope you see my point with a question like this one.

Getting Started

You have several options in getting started with *Life List Magic*.

- Print out this e-book and place the pages in a three-ring binder...adding blank pages for those lists responses that you want to tell more about. (These lists are going to spark so many great memories that it is going to be hard not to tell more of the story...great writer or not!)
- For those who don't wish to print this book out, use the questions as a reference and create the lists in a regular notebook or with your [favorite journaling software](#) . My favorite is The Journal. Mr. David Michael created it and constantly is updating it and making it better all the time. He offers a [free trial version](#) for 45 days.
- This third option is a bit more experimental. I have just begun to integrate it into my own life story writing plan a few months ago. It's a relatively new service called [Our Story](#) . An Our Story account is free to set up and it lets you create a visual time line (chronological record) of your life showing major events. I think there are a lot of possibilities when combining Our Story and the stories that you'll re-discover with *Life List Magic*!

Submit Your Ideas

If you can think of other list ideas for inclusion in future updates to *Life List Magic*, please submit them via [this form](#)!

Happy list building!

List the people that have had the biggest impact in your life.	List all the vehicles that you and your parents have owned (What stories come to mind?)	List your personal Top 10 movies of all time!

List every organization in which you have been a member or still are	List what you hope your life will be like 10 years from now!	List old friends you've lost contact with but would like to see again

List your earliest childhood memories	List weddings you've attended	List funerals you've attended

List the ways you are like your father and mother	List the ways you are not like your father and mother	List things you had to give up or put aside when you got married

List the **greatest inventions** that have been invented in your lifetime

List the things that you'd like to **change about yourself**

List the **magazines, books, articles** and/or **topics** you are reading currently

List the times you've been thoroughly surprised!	List what you are good at!	List things that you are NOT good at!

List holiday traditions you observed as a child with your family	List Holiday Traditions do you observe now with your spouse and children	List illnesses you had growing up that you still remember today

List things you remember about a typical family dinner in your home	List your favorite things about going to grandma's house	List what you remember most about your wedding day

List **accomplishments** that
you are most proud of

List **friends** you had during
your growing up years

List your **siblings**
(tell a little about each one)

List your spouses siblings (tell a little about each one)	List the oldest relatives that you can remember as a child	List the scars and stitches that you have and how you got them

List **musicians** and musical groups that you liked as a teenager

List **musicians** and musical groups that **you like now**

List **old friends** you've lost contact with but would like to see again!

<p>List what would you have done differently in your life, if you'd known then what you know now?</p>	<p>List dates that are important and have meaning in your life! (Examples: Anniversaries, birthdays, date of wedding proposal, date entered bootcamp etc)</p>	<p>List things that convinced you most in your choice of spouse!</p>

List things that you liked better about living in the era you grew up in!	List things that you like better about living today over the era in which you grew up!	List foods that you won't eat!

List foods your favorite foods	List the ways in which you live better than most people you know!	List the ways in which you live worse than most people you know!

List things you've **only**
experienced once in your life!

List the things that you wish
you knew **the truth** about!

List the **risks that you regret**
not taking (How would things be
different?)

List **places that have meaning** to you?

List the **career(s)** that you sometimes wish you had chosen!

List what you'd do with a **sudden windfall** of \$5 million dollars!

List the ways in which **the world has changed** in your lifetime!

List the **times in your past** that you'd like to go back to, if even for a short while and why!

List the times that you've **cried your eyes out**

List the times that you
laughed so hard that you had
a hard time catching your
breath

List all the **places that you**
have yet to visit but
desperately want to someday!

List all of the **pets** that you've
ever owned.

List everything that you once collected or still do collect	List things you enjoy talking, reading and learning about	List the things you own that will certainly be passed down to the next generation

<p>List what's in you closet that you can't bear to part with!</p>	<p>List the people that you thought, at one point, you'd be married to (or wanted to), but were not!</p>	<p>What does it take to get on your spouse's "good side" (cheer him/her up)!</p>

List the **compliments** you receive on a regular basis!

List the **things you hide** when someone comes to visit!

List what you plan to do when you **retire!**

List what you worry about the most!	List the celebrities that you've seen in person!	List songs or music that has special meaning to you!

<p>List things that you like that "most" others you know don't!</p>	<p>List things that you don't like that "most" others do like! (Example: Most people like the music group U2, but I really don't)</p>	<p>List the lessons you've learned the hard way!</p>

List **25 things** or more that you've yet to do but still plan to do in your lifetime

List the **places that you'd love to live** and escape the chaos of the world

List **contests** that you've won and/or participated in

List **choices** that you will have to make over the next month or so

List things that **irritate you**

List **values** that you stand for or aspire to live

List your fears	List automobile accidents that you've been in	List the ways that your ancestors made a living

List nighttime **dreams** that
you've never forgotten

List how, when where and any
other detail of the time and place
that you **first saw the person**
that you were to marry.

List some of the **first money**
that you earned

List your school teachers	List things that you've "never gotten over"	List your political positions

List any natural disasters that hit close to home (physically or otherwise)	List all the places that you've called home	List things you like to do when life gets too stressful

List the **places you go** when life gets too stressful

List **world events** during your childhood that especially impacted your life

List the **stories** that have come down to you from your parents and grandparents

List the top 5 professions that you'd choose for your kids, if it were up to you...why?	List your favorite subjects while in high school	List your favorite sports to watch

List words or phrases that you overuse	List expressions that you find yourself using that your parents also used	List what your life will be like ten years from now

List and briefly describe people you've dated	List nicknames people have called you	List restaurants that you frequent most often

List your favorite websites that you visit often	Make a list of your current closest friends	List friends that you have not seen in many years

Make a list of concerts that you've attended	Make a top 10 list of your choice..about anything	List the the countries that your ancestors came from

<p>If you had more children, list what their names might have been?</p>	<p>List what you like most about each month of the year</p>	<p>Besides physically, list how you and your spouse are different from each other</p>

List how **you and your spouse** are a lot alike

List **school activities** and sports you participate in while in school

List your memories of **summer camp**

List memories involving rain	List times that you'd describe as “ a scary ride ”	List any memories you've had at or on a river

List any memories you've had at lakes	List the times that your father was the most angry	List the times that you have been the most angry

List all your hobbies that you have or ever had	List the times that you (or your ideas) were rejected	List your most embarrassing moments you've experienced

List the most stressful situations that you've ever been in	List the trips you've taken that took you the furthest from home	List any foreign languages you speak or have studied

List times that you and/or your ideas were accepted	List your best friends from your college days	List all your cousins names and how they are related

List the people you admire	List the jobs you've held to make a living	List changes you'd make if you were suddenly elected president (leader of your country)

Looking out a **favorite window**, list what you see

List **notable neighbors** you've had over the years

List times that you may have **overreacted**

List the most memorable letter(s) that you've ever received	List values that you stand for or aspire to live	List how you spent summer vacations

List your favorite toys as a child	List the fads that you loved while growing up that you are embarrassed by now	List any bones that you've broken , if any

<p>List special heirlooms. Photos, bibles or other memorabilia that has been passed down in you family</p>	<p>List ways you use your computer and the Internet the most</p>	<p>List your favorite family recipes</p>

List all the **sounds around you right now!** (Voices of young children, appliance noises, tv show currently watching etc ... they all tell a story)

List the times that you had to **defend yourself** or someone else, physically or otherwise

List memories that come to mind when you think of **camping**

List memories that come to mind about buses	List memorable co-workers	List memories of church attendance

List your children and tell a little bit about each one	List all of your aunts and uncles and what makes each unique	List your personal list of best books you've ever read

Describe yourself with a list of ten short sentences

Describe your mother with a list of ten short sentences

Describe your father with a list of ten short sentences

Describe your **paternal grandfather** with a list of 10 short sentences

Describe your **paternal grandmother** with a list of 10 short sentences

Describe your **maternal grandfather** with a list of 10 short sentences

Describe your maternal grandmother with a list of 10 short sentences	List family traditions from your youth that you continue today	List family traditions from your youth that you no longer continue today

List the **lesson** that your
parents taught you

List your best and worst
junior high school
memories (grades 6-8)

List your junior high
school friends (grades 6-8)

List your best and worst grade school memories	Make a list of your most interesting trips or vacations taken	Make a list of ten details about the day you were married

Make a list of the times that you had to rough it during your early married years	Make a list of special experiences from your early married years	Make a list of details about your first home as newlyweds

Make a list of details about a childhood home	List your married friendships (other couples you were friends with)	List your professional achievements

List goals that you have fulfilled	List experiences of other that have strengthened you	List the most humorous experiences that you've had

List what you know about
your mother and father's
courtship and and early years
together

List what you know about
when your **paternal**
grandparents met

List what you know about
when your **maternal**
grandparents met

List your children and tell a little bit about each one	List all of your aunts and uncles and what makes each unique	List your personal list of best books you've ever read

My father always said...	My mother always said...	My grandmother always said..

My grandfather always said...	List circumstances surrounding your birth (that others told you about, of course)	List things that captured your young imagination the most

List the accomplices you've had over the years	List those who you mimicked out of adoration	List the times that you stood up to peer pressure

Make a list of the **best gifts**
you've ever received

List what did **you wanted**
to be when you "grew up"

List times you **gave in to**
peer pressure

List adventures pertaining to babysitters/babysitting	List common weekend activities as a child	List how you most often spend your weekends today

List what would you like to be doing more and less of a year from now	List certain interests you wanted to pursue as a kid that proved difficult for you	Create a list of elective classes that you took in high school

Create a list of your most
"prized" books on your
bookshelf

List the magazines that
you've subscribed to over
the years

Make a list of your
obligations that you'd love
to get rid of

Make a list of **places** that have been special to you over your lifetime
(places you hung out at when dating etc...)

Create a list of the **hideouts, hideaways** and/or **“forts”** that you had as a kid

List your **first purchases** made online

Make a list of the pets you owned	Create a list of songs and/or lyrics that have special meaning	Find your keepsake box and generally list it's contents

List all **those that you associate with** on a daily/weekly basis

Make a list of **dishes that you mother made** for you that you miss

List the **presidential candidates** that you've voted for and why (Remember, this is for family...speak freely)

List things that you love and hate other to ask you about	List the hardest decisions you've ever had to make	Make a list of the tickets that you've received from law enforcement